



भारतीय राष्ट्रीय राजमार्ग प्राधिकरण
(सड़क परिवहन और राजमार्ग मंत्रालय)
National Highways Authority of India
(Ministry of Road Transport & Highways)
G-5 & 6, SECTOR-10, DWARKA, NEW DELHI-110045

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No. 11041/21/2002-Admn.-III

May 1, 2003

POLICY MATTERS: ADMINISTRATION/FINANCE ^{44/A/} **(44/2003)**

(Decision taken on Admn Division's File No. 11017/1/2001-Admn.-I)

Subject: **MEDICAL CHECK-UP**

It has been decided to have comprehensive Health Check-up of the employees of NHAI, subject to the following conditions :-

- (i) The scheme will be applicable only to the regular employees of NHAI and to those who are on deputation to NHAI.
- (ii) All new entrants (regular/deputationists) will undergo the Medical Check-up within six months of their joining, irrespective of age.
- (iii) Such employees who have joined prior to six months, but, so far have not availed the facility, will undergo the check-up by 30.06.2003.
- (iv) Those who are above 40 years of age will undergo the check-up once in two years.

2. The following approved hospitals in Delhi have agreed to conduct Medical Health Check-up as per their scheme mentioned hereunder. In respect of the check-up done in any of these approved hospitals, the payment will be directly released to the concerned hospitals by the Authority on receipt of bills and medical reports of the concerned employees.

- 1 **Batra Hospital and Medical Research Centre,
1, Tughalabad Institutional Area M.B. Road
New Delhi-110 062**

Tests

- 1 History and full general examination
- 2 Urine and Stool-Routine Examination
- 3 Eye-Examination Ophthalmology Assessment
- 4 X-Ray Chest (P.A. View)
- 5 Haematology (8 tests on Sysmex 180, including Hb, TLC, DLC, MCV, MCHC, Platelet Count, ESR and Blood Group)
- 6 Biochemistry on Hitachi 705E Auto Analyser, 16 tests including Glucose fasting & PP and

2 BIOCHEMICAL PARAMETERS

Blood Sugar(Fasting & PP)
Uric Acid

3 LIVER FUNCTION TESTS

Total protein
Globulin
SGPT
GGTP

4 GENERAL TESTS

VDRL
Complete Urine Analysis
ECG(Resting)
Ultrasound of the abdomen screening

PCV

Total WBC

Peripheral Smear

Urea Creatinine

Lipid Profile

Total Cholesterol, HDL Cholesterol

Triglycerides screening, Total cholesterol/HDL Ratio

Albumin

A/G Ratio

Alkaline Phosphatase

Blood Grouping & Rh-Typing

Faces examination

X-Ray(Chest)

Contact Person	Telephone No.
Mrs. Anjali Kapoor	26925858 26925801 Extn : 2107
Mr. M. John.	Extn : 1070/1071

In addition, Max India Limited engaged to provide medical assistance to the employees at Hqs. have also agreed to provide comprehensive Health Check-up @ Rs.2,500/- as per details given below :-

MAX INDIA LIMITED
Max House, Ground Floor,
1, Dr. Jha Marg, Okhla Phase-III
New Delhi-110020

Tests

Consultations:

- Consultation with Internal Medicine Specialist.
- Consultation with Gynecologist (for women)

Investigations:

- Haemogram
- Haemoglobin
- MCHC, MCV, MCH
- Differential Count
- Platelet Count
- PCV
- Total WBC
- Peripheral smear
- Biochemical Parameters
- Blood Sugar (Fasting & PP)
- Uric Acid
- Urea Creatinine
- Lipid Profile (Total Cholesterol, HDL Cholesterol, Triglycerides, Total Cholesterol/HDL ratio)
- Liver Function Tests
- Total Protein
- Globulin
- SGPT
- GGTP
- Albumin
- A/G Ratio
- Alkaline Phosphates

General Tests:

- VDRL
- Complete Urine Analysis
- ECG (Resting)
- Ultrasound of the abdomen screening
- Blood Group & Rh Typing
- Faces Examination
- X-Ray Chest
- TMT
- Pulmonary Function Test.

Contact Person :

Telephone No.

Mr. Anand Kisley, Panchsheel.	26499870
Ms. Shalini, Max Hospital, Pitampura.	27158844
Ms. Mausmi Ghosh, Max Hospital, Noida	95120-2549999

For further assistance :

Ms. Pallavi Rout	51612123 (Extn.2684)
	9810502705 (M)

3. It may please be noted that the medical check-up scheme **does not cover the family members** and employees engaged on contract basis.

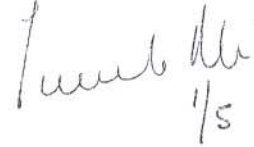
4. All eligible employees are requested to make it convenient to visit any of the aforesaid hospitals for health check-up. They may collect Authority letter from Administration Division and show the Identity Card issued by the Authority to the respective hospitals for verification of their eligibility/identity.

5. Employees posted in PIUs may approach to the nearest hospital approved under Central Government Health Scheme (CGHS) as per their convenience for conducting similar examination and tests subject to a limit of Rs.2,500/- per individual employee. The amount will be reimbursed after the reports are received from the respective hospitals. Alternatively, these employees may avail of the facilities at Delhi, in any of the hospitals listed above, if they happen to visit the Headquarters.

For clarification/assistance, the following officers may be contacted in the Headquarters:-

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|-----|--|---|
| i) | Sh. M.Gopi.
Manager(Admn) | Phone : 25074100/25074200 (O)
(Extn. 2309) |
| ii) | Shri Ram Ashraya Singh
Asstt. Manager (Admn.) | Phone: 25074100/25074200 (O)
(Extn. 2116) |

This issues with the approval of the Competent Authority.



(Dr.M.Y.Ali)

Deputy General Manager (Admn.)

Copy to:

1. All employees (Regular/Deputation) at Hqs./PIUs/CMUs.
2. Notice Board.